The following prayers can fittingly be used by a lay person for protection from evil spirits and may be adapted for a specific situation, for a family or home, or on behalf of another person. It is fitting to pray an Act of Contrition or Profession of Faith before reciting the prayer, but it is not necessary.

Prayer Against Every Evil

Spirit of our God, Father, Son, and Holy Spirit, Most Holy Trinity, Immaculate Virgin Mary, angels, archangels, and saints of heaven, descend upon me.

Please purify me, Lord, mold me, fill me with yourself, use me.

Banish from me all the forces of evil, destroy them, vanquish them, so that I can be healthy and do good deeds.

Banish from me all spells, witchcraft, black magic, malefice, ties, maledictions, and the evil eye; diabolic infestations, oppressions, possessions; all that is evil and sinful, jealousy, perfidy, envy; physical, psychological, moral, spiritual, diabolical ailments.

Burn all these evils in hell, that they may never again touch me or any other creatures in the entire world.

I command and bid all the powers that molest me – by the power of God all powerful, in the name of Jesus Christ our Savior, through the intercession of the Immaculate Virgin Mary – to leave me forever, and to be consigned into everlasting hell, where they will be bound by Saint Michael, Saint Raphael, our guardian angels, and where they will be crushed under the heel of the Immaculate Virgin Mary. Amen.

Prayer for Deliverance

My Lord, you are all powerful, you are God, you are Father.

We beg you through the intercession and help of the archangels Michael, Raphael, and Gabriel for the deliverance of our brothers and sisters who are enslaved by the evil one.

All saints of heaven, come to our aid.

From anxiety, sadness and obsessions, we beg you:

free us, O Lord.

From hatred, fornication, envy, we beg you:

free us, O Lord.

From thoughts of jealousy, rage and death, we beg you:

free us, O Lord.

From every thought of suicide and abortion, we beg you:

free us, O Lord.

From every form of sinful sexuality, we beg you:

free us, O Lord.

From every division in our family, and every harmful friendship, we beg you:

free us. O Lord.

From every sort of spell, malefice, witchcraft and every form of the occult, we beg you:

free us, O Lord.

Lord, you who said, "I leave you peace, my peace I give you," grant that, through the intercession of the Virgin Mary, we may be liberated from every evil spell and enjoy your peace always.

In the name of Christ, our Lord. Amen.